

Incorporating a Menopause Champion Program into your *Business or Organisation*



Enhancing Employee Wellbeing, Retention, and Culture

**The benefits of nominating Menopause Champions
within your organisation and how our comprehensive
program supports this**

The Role of a Menopause Champion

Definition: A trained individual within the organisation who provides menopause support, raises awareness, and acts as a point of contact for colleagues

Trusted Member of the Team: Champions are the go-to person for discussing any menopausal concerns. They signpost resources and provide support in a compassionate, non-judgemental manner

Responsibilities

- Offering guidance and resources
- Helping to create a supportive environment
- Promoting education and understanding around menopause

Training by Menopause Experts Group Limited: Comprehensive training ensures Champions are equipped to support their teams and provide ongoing guidance

Benefits to the Organisation

Improved Employee Wellbeing

Champions provide critical support, reducing stress and improving mental health

Increased Retention

Creating a menopause-friendly workplace reduces turnover and keeps experienced staff

Enhanced Company Culture

Promotes inclusivity, reduces stigma, and boosts morale

Productivity Gains

Employees feel supported and are more engaged and focused

Compliance and Reputation

Aligns with best practices and enhances the company's reputation as an inclusive employer



The Impact on Workplace Culture

Inclusivity

Normalises conversations around menopause and creates a more open environment

Supportive Leadership

Empowers leaders to be proactive in employee wellbeing

Reduced Absenteeism

Addressing menopause symptoms effectively can lead to fewer sick days

Positive Employee Relations

Employees feel valued and supported, fostering loyalty and respect

Comprehensive Training and Support

What Does Training Include?

Provided by Menopause Experts Group Limited

Comprehensive training tailored to empower Menopause Champions

Educational Platform

Unlimited access to up-to-date education available to all colleagues

Additional Access for Champions

Champions receive business materials to offer ongoing internal training, organise menopause cafés, or run workshops for colleagues

Group Training Option

Menopause Champions can conduct group sessions to reinforce the knowledge and skills learned



Additional Support from MEG

Menopause Champions

On-Site Training

MEG Menopause Champions who have completed our program can offer in-person training for your nominated Champions for a small fee or retainer

Ongoing Mentorship

Champions can continue to provide advice and support, ensuring the program's success

Menopause Cafés, Support Groups and Workshops

Champions can organise informal gatherings or educational sessions to support colleagues



Why Now is the Time to Invest

Growing Awareness

Menopause is becoming a key focus in employee wellbeing, and organisations that act now will be leaders in this area

Long-Term Benefits

Early investment in employee wellbeing leads to a healthier, happier, and more productive workforce

Stay Competitive

Companies that prioritise inclusivity and employee support will attract and retain top talent

Investment & Program Cost

Annual Corporate License Investment

Starts from just £4995 plus VAT for one year with unlimited team access & up to 5 Champions

Subject to negotiation, more Champions can be added within your package when required

What You Receive

- Unlimited access to our educational platform for colleagues
- Training for up to 5 nominated Menopause Champions
- Business materials for Champions to offer additional training and workshops

Value Proposition

The program provides a high return on investment through improved employee wellbeing, reduced absenteeism, and increased retention



Summary

Key Takeaways

The Menopause Champion Program supports employee wellbeing, enhances company culture, and offers a significant return on investment. You will become Menopause Approved and able to showcase this on your internal communications, website and socials using the MEG easily identifiable badge

Next Steps: How to sign up and start making a positive impact in your organisation

Q&A

