



MenoChef® Cookery School Days: Health & Safety Policy

Introduction

At MenoChef®, the health, safety, and well-being of our participants, staff, and community are of paramount importance. In line with our commitment to providing a safe and enjoyable cooking experience, we have implemented the following health and safety policy. This policy is designed to mitigate the risks associated with infectious diseases, including COVID-19, and to ensure that all attendees can participate in our cookery school days with confidence.

Health & Safety Guidelines

1. COVID-19 and Infectious Diseases:

- Participants who are experiencing symptoms of COVID-19, have tested positive for COVID-19, or have been in close contact with someone who has COVID-19, are required not to attend the cookery school days. Symptoms include but are not limited to fever, cough, shortness of breath, loss of taste or smell, and fatigue.

- Similarly, participants who are experiencing serious coughs, colds, or any other contagious conditions that could potentially harm others are asked not to attend.

2. Preventive Measures:

- We encourage all participants to practice good hygiene, including frequent handwashing with soap and water for at least 20 seconds, especially after using the restroom, before eating, and after coughing, sneezing, or blowing one's nose.

- Hand sanitizer will be provided throughout the venue for participants' use.
- Participants are encouraged to practice respiratory etiquette, including covering coughs and sneezes with a tissue or the inside of the elbow. Used tissues should be disposed of in the trash immediately, followed by handwashing.

3. Personal Protective Equipment (PPE):

- Depending on current health guidelines and the discretion of MenoChef®, the use of masks or other PPE may be recommended or required during the event.
- Participants will be informed of any PPE requirements prior to the event.

4. Social Distancing:

- Measures will be in place to maintain appropriate social distancing during the event, in line with current health advisories.
- The layout of the cooking stations and dining areas will be arranged to ensure adequate spacing between participants.

5. Venue Sanitation:

- The venue will undergo thorough cleaning and sanitation before and after each cookery school day.
- Common areas and high-touch surfaces will be regularly disinfected throughout the event.

6. Reporting Illness:

- Participants who develop symptoms of COVID-19 or other infectious diseases within 14 days after attending our cookery school day are encouraged to notify MenoChef® management. This will enable us to take appropriate measures to inform other attendees and staff who may have been exposed.

Policy Compliance

- Participants are required to comply with this health and safety policy as a condition of attendance. Failure to adhere to these guidelines may result in participants being asked to leave the event, to protect the health and safety of all attendees.
- MenoChef® reserves the right to update this policy as necessary, in response to changing public health guidance and regulations.

By attending MenoChef® Cookery School Days, participants agree to abide by this health and safety policy, acknowledging their role in creating a safe and enjoyable environment for all. We thank you for your cooperation and look forward to welcoming you to an enriching and health-conscious cooking experience.