

Empowering you to become a
**MENOPAUSE
CHAMPION**
& Business leader



About Menopause Experts Group (MEG)

Menopause Experts Group (MEG) is a global leader in menopause awareness, education and business support. Since 2020, we have been at the forefront of driving positive change, helping individuals establish themselves as leaders in menopause education, coaching and support.

Our comprehensive **Menopause Champion Programme** provides individuals, including health practitioners, wellness professionals, and entrepreneurs, with the tools, training and business resources to successfully integrate menopause education into their existing services or build a brand-new career.



How You Can Use Your License

For Wellness Coaches, Therapists & Health Practitioners

A holistic health coach integrates the Menopause Champion Programme into her practice, offering specialist menopause coaching, online courses and group workshops. This specialisation attracts new clients, enhances credibility and increases revenue opportunities.

For Business Owners & Entrepreneurs

A business consultant who already works with women in leadership, adds menopause awareness training to their corporate workshops, expanding their services and securing long-term contracts with businesses seeking expert-led wellbeing solutions.

For Aspiring Menopause Advocates

Someone with a passion for helping others, but no prior background in wellness or corporate coaching, gains the skills and confidence to launch a meaningful new career, delivering educational workshops, corporate training and one-on-one coaching.

What You'll Gain as a Menopause Champion

Comprehensive, Fully-Audited Training

Earn 30 CPD points with our internationally recognised menopause education programme.

Expand Your Business & Reach More Clients

Integrate menopause education into your wellness coaching, or healthcare practice, offering high-value, in-demand services.

New Revenue Streams & Specialisation

Offer workshops, coaching and training programmes to individuals and businesses.

Professional Recognition & Credibility

Become a trusted leader in menopause awareness and support.

Access Business Growth Resources

Get exclusive marketing materials, sales training and business development tools to help grow your brand.

Inclusion in the Business Directory (Worth £365)

Gain visibility and credibility by being listed in our exclusive business directory, helping potential clients to find you.

Ready-to-Print Banners & Marketing Materials

Save time and money with customisable banners, brochures and promotional materials to establish a professional presence.



Exclusive Access to the Annual Conference

Meet and network with other Menopause Champions, industry leaders and business experts at our annual in-person conference.

Attend Additional Online & In-Person Events

Take part in exclusive networking sessions, advanced business workshops and ongoing professional development events.

Ongoing Support & Mentoring

Join a thriving community of professionals where you can exchange ideas, get guidance and collaborate with others.

Flexible Career Options

Whether full-time or part-time, tailor your business around your lifestyle and professional goals.

Extra Short Courses

Access additional training on building a practice, leveraging social media and a Foundation Coaching course to enhance your professional skills.

Who Can Benefit from Becoming a Menopause Champion?

Wellness Coaches, Therapists & Holistic Practitioners

Add menopause coaching & education to your services.

Healthcare Professionals

Support patients by offering menopause-specific guidance & solutions.

Business Coaches & Consultants

Expand your training portfolio by working with businesses on workplace menopause awareness.

Entrepreneurs & Start-ups

Build a brand-new business in an emerging, high-demand industry.

Anyone Passionate About Helping Others

Gain the expertise and confidence to support individuals through menopause.

Investment & Payment Options

At Menopause Experts Group, we believe that everyone should have the opportunity to make a difference. That's why we've introduced a no-fuss, transparent, cancel-anytime monthly subscription – making it easier than ever to join our growing community.

We're so confident you'll love being a Menopause Champion that we've made it simple, affordable, and flexible. Making this a no-brainer membership.



Why choose MEG?

Industry Leaders Since 2020 Trusted by individuals worldwide, with a growing presence across continents.

Accredited Training & Consultancy

Our programme is worth 30 CPD points, ensuring professional recognition.

Comprehensive Business Support & Growth Resources

MEG is much more than just a training programme, it's a full business development platform. We provide ongoing expert guidance, mentoring, and business building tools to help you establish and scale your menopause education business.

Exclusive Marketing & Branding Support

Gain access to professionally designed marketing materials, branding kits, and sales training to help you effectively promote your services.

Proven Business Framework

Follow our step-by-step business growth model to confidently create workshops, events and coaching programmes that generate revenue.

A Thriving Community & Collaboration Opportunities

Join an international network of like-minded professionals, advocates and business leaders who actively support and uplift each other.

Global Recognition & Credibility

Stand out as a trusted Menopause Champion with accredited training and the backing of an internationally recognised organisation.

REAL Champion *Benefits!*

Turn your passion for menopause awareness into a profitable business!

Become a trusted voice in menopause education with our accredited Menopause Champion Training. This isn't a training course, it's a comprehensive business opportunity that gives you everything you need to set yourself up for success. With support across all aspects of business building.

What Else Can You Enjoy...

- Over 30 ready-made presentations covering menopause for men, families, workplaces and more, **this is where we stand out.**
- Your license can be used to enhance an existing business or as a standalone career opportunity.
- **Achieve multiple income streams**
Host workshops, events, support groups, Lunch & Learns and more, with many pre-written for you!
- **Access business support & growth guidance**
You're never alone, we provide ongoing mentoring within the community.
- **Establish credibility as a professionally trained Menopause Champion.** Wear our badge with pride and collaborate with other like-minded people.
- **Be part of a global community**
Collaborate, connect and be part of something bigger than yourself.
- **Have a real impact**
Help people experiencing menopause with confidence and knowledge.

Join & Gain Superb Benefits With True Value

Take a Leap of Faith Today!

Business Enquiries:
+44 (0) 20711 81420

Email us at:
join@menopauseexperts.com

Visit our website:
www.menopauseexperts.com



What our Champions are saying...



“ With MEG I am empowered to share knowledge and advocate for change in how Menopause is understood, particularly the experiences of Women of Colour
Beverly Powell, Values Leadership Coach

“ An excellent Course and Community, with so many additional resources available and support from the MEG Team
Vicki Richardson, HR Consultant

“ MEG Training and Resources are second to none, with incredible support to get started helping increase understanding and Educate, Advocate and Champion women
Rita Ross, Coach

“ I'm excited to be part of MEG, supporting women globally (from Australia!) to navigate menopause with confidence and ease
Rona Penfold, Nutritionist

“ I feel immensely grateful I came across MEG when I did. Not only do I feel empowered, I can help other fabulous women feel the same!
Anita Arscott Brookes, Leadership & Behavioural Development Specialist

“ MEG has had a profound impact on my specialist menopause nutrition coaching career. The evidence-based resources and tools have enhanced my ability to support women through this life stage
Marilyn Kelly, Wellness Coach

“ I absolutely loved the training. I could relate to all the topics covered in the course. I am really looking forward to learning more and sharing these learnings. I can't stop talking about it to everyone
Jackie Ngu, Yoga & Wellness Coach

“ As a guy who is a Licensed Menopause Champion, the solid education & resources help me to empower & support clients, friends & family at all menopause stages through comfortable conversations.
Francois Gagnon, Pelvic Floor & ADHD Specialist